HALO PARANORMAL INVESTIGATIONS Investigating All Things Paranormal

By Cheryl Knight

fter being haunted relentlessly in his childhood home, Paul Dale Roberts set out to learn everything he could about the paranormal. Fast forward to 2004 when Paul decided to start his own paranormal investigative group, Halo Paranormal Investigations (HPI International).

Headquartered in Elk Grove, California, the team investigates all types of paranormal claims, including ghosts, demons, UFOs, and cryptids.

Paul recently spoke with *Paranormal Underground* magazine about what led him to investigate paranormal phenomena, HPI's investigative techniques, and memorable cases and evidence.

Q: Please tell us a little about yourself, both personally and professionally.

Paul: I'm very gung-ho when it comes to the paranormal because when I was a child, I lived in a haunted house, and the entities of that house centered their attention on me. They scared me to no end. As I got older, I started wondering if I actually witnessed the paranormal or was I having night terrors? I started reading everything I could get my hands on that dealt with the paranormal. I started reading Brad Steiger books (later in life, I would find my articles in Brad Steiger's books, and we became close friends).

I was in the military from 1973 to 1976 and worked with the U.S. Army Criminal Investigation Division — DST (Drug Suppression Team). I was an undercover MP. My code name was Porkchops, and I traveled throughout Germany singling out drug dealers. That is where I got my investigative skills from. Then in 1979 to 1986, I worked as a 97 Bravo-Intelligence Analyst with the PIC-K (Photo Interpretation Center — Seoul, Korea, military intelligence). My code name was Hollywood. Later



HPI co-owners Paul Dale Roberts and Deanna Jaxine Stinson help fellow investigators learn the ropes during their paranormal investigations.

I received my H Identifier (Instructor course) and taught the Soviet Threat to elite troops in all military branches. I would wear a Soviet uniform and ski mask and pretended to be Corporal Dowbowski (a Soviet defector).

When I got out of the service, I dabbled with being a private investigator and started my own company called Silhouette Enterprises. I also dabbled a bit as a bounty hunter. I was unsuccessful as a private investigator and bounty hunter and called it quits. I worked in several California government jobs, including working as a firefighter for the California Division of Forestry and working with the Department of Justice. I still work for the government and soon will be retiring so I can work on paranormal cases that come across my desk full time.

Q: How did you become interested in the paranormal and founding a paranormal investigative team?

Paul: It all started when I was a little boy living on Effie Street in Fresno, California. The year was 1962. We lived in an old corner house duplex on Effie Street. I experienced horrible things at this house. I will describe the paranormal horrors that occurred in order as they happened.

- 1. The first experience I had at this home was hearing a woman's serene voice calling for me. She said, "Dale, come here." She was saying this over and over again. All my life, my parents would call me by my middle name, Dale. This female spirit was also calling me Dale. I went towards her voice and looked out a window that allows me to see an orange grove. The voice was coming from the orange grove. I could not see the woman and got scared and ran to my mother.
- 2. I was riding my tricycle down the street. I stayed on the sidewalk and went about six houses up the road. I stopped at one house and looked at the front door. A man stepped out on the porch, looked at me, and drew a shotgun on me. I got scared and went home as quickly as possible. I told my dad, and he went up to the house to discover that no one lived there.
- 3. One night I heard the sound of something rolling on the sidewalk; this sound was at a distance, but it kept getting closer and closer. Finally, the sound was right at my bedroom window and it stopped. My bedroom window opened up half way on its own. I looked toward the window and saw a black tea kettle with four rollers on the bottom of it. The black tea kettle had a snout, and the snout slowly turned toward me and a spray came out. I was covered in the spray and started hacking and coughing. The very next day I had a bad case of bronchitis.
- 4. Another night, winged skeleton heads flew into my room; there were about a dozen of them. I started screaming, and my father came into the room and he also had a skeleton head. Finally, he calmed me down, and the winged skeleton heads disappeared and my father's face became normal.
- 5. I was so scared of all the things that were happening to me, I started carrying a *Bible* with me all the time. I went to the neighbor's dog, which was friendly with everyone, and started petting him. All of a sudden, the



HPI welcomes guest investigators at many of their paranormal investigations.

dog's features changed and he became a vicious dog and severely bit me in the hand. I was bleeding all over the place. I ran from the neighbor's house through the orange grove to get to my house. While running through the orange grove, I could hear the sound of a woman maniacally laughing.

- 6. On another night, the winged skeleton heads came back in my room, and I yelled and started hacking and coughing. My mother came in half asleep and gave me a teaspoon of poison. She thought she was giving me cough syrup and had me throw it up. It scared her to death, because she thought she had poisoned me.
- 7. The final incident was when I was walking in the living room and something came up behind me and pushed me into the heater ... hard. I had burn marks all over my legs from this incident.

After this, my dad received a promotion, and before I knew it, we were moving out of the home on Effie Street and moving into a home on Simpson Avenue in Fresno. The incidents stopped. As I got older, I wondered if I experienced childhood night terrors or actually experienced the paranormal.

I started reading everything on the paranormal and read many Brad Steiger books. Little did I know that the knowledge I would gain from Brad Steiger's books would eventually help me become a successful paranormal investigator. This all led me to having my own paranormal investigative team.

Q: Talk about your paranormal group and its mission.

Paul: My wife, Deanna Jaxine Stinson, and I are the coowners of HPI. HPI is an open door, and anyone who wants to learn how to ghost hunt and conduct cleansings of homes

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can join us and learn. Deanna teaches the volunteers how to conduct metaphysical cleansings. I teach the volunteers how to conduct a Roman Catholic house blessing.

We also embrace other religions, and when the client wants a Native American cleansing, Greek Orthodox, Hindu, Buddha, we have experts in these religions that will assist us on a moment's notice. When clients have a demonic attachment, we provide a full submersion baptism to get rid of the demon, and we are very successful with our baptisms and cleansings.

Q: Who else is on your team?

Paul: Deanna and I are the core group. We allow many people to learn and try their hand in ghost hunting. Many people that went on paranormal investigations with us learn the trade and start their own group.

We do have certain individuals who volunteer to go with us on our investigations many times over, and they do a great job investigating. They are good in gathering evidence or debunking paranormal claims. They are Alaceo "Big Al" Rosatano, Nick Asevedo, Heather Colburn, Matt and Michelle Mesa, Mike Ouilhon, and Laurie R. Garza. Many people that we come across will give their right arm to go on a ghost hunt. Well, HPI does one better, we actually invite people to go on our investigations with us, and if they make the grade, we allow them to go on more ghost hunts with us.



Paul has investigated paranormal locations and legends around the world.

East London

- O.K. Corral Tombstone, Arizona
- Old Tucson Movie Studio Arizona
- Stonehenge England
- The bridge over the River Kwai Thailand
- Parkin murder house Lodi, California
- Cabin 28 murders Keddie, California
- Manson hideout house Stockton, California
- Cecil Hotel Los Angeles, California
- Various gravesites, including Billy the Kid, the Black Dahlia, and victims of Rev. Jim Jones
 - Napoleon Bonaparte's gravesite France
 - Ghost City of Myanmar, Naypyidaw — Burma
 - Richard Trenton Chase (aka the Vampire of Sacramento) victims' homes — California
 - Dorothea Puente's home (Serial Killer) – Sacramento, California
 - The Headless Knight's Templar
 Prague, Czech Republic

Q: What equipment do you usually take with you on an investigation?

Paul: We use digital recorders for EVPs, sound enhancer for EVPs, Kinect, EMF reader, temperature gauges, laser grid, night vision goggles, dowsing rods, video cameras, and digital cameras. And we have our psychic medium Deanna!

Q: What interests you most about the paranormal?

Paul: I am fascinated with the unknown. I seek answers. I want answers to what happened to me when I was a child living on Effie Street in Fresno.

Q: What different types of locations has your team investigated?

Paul: I have a big list. Some of these places I had investigators with me, and other places I investigated by myself:

- Area 51 Nevada
- Superstition Mountains Arizona
- Mount Shasta California
- Skinwalker Ranch Utah
- Tower of London England
- Jack the Ripper and Kray Twins crime scenes —

Q: What methodologies do you use during investigations?

Paul: Everyone knows that orbs can be either dust, skin flakes, lint, light refractions, dew drops, etc. But what we try to prove with some orbs is if they have intelligent movement. For example, at this one house, a spirit named Emily was known to drain the energy from the occupants. One of my investigators was complaining that his energy was drained. I asked Emily that if she was listening, to go ahead and kiss the investigator on the lips. With three cameras, we captured an orb on his mouth. Then I asked Emily to sit on his lap, and we captured an orb hovering over his lap. So, we deemed this orb paranormal because it obeyed my commands and showed intelligent movement.

I will at times place my hand on the wall and ask the entity to appear by my hand. A photo taken may show

an orb on my hand — again that is intelligent movement. Then we have designer orbs that have intricate designs inside them, and when you enhance the photo of the orb, there may be a face in it. On one investigation, I asked the occupant what she had in her backyard, and she said, "Orange trees." I said, "What else?" She said her two dogs were buried back there. I showed the occupant the designer orbs, and she started crying. I asked her why she was crying, and she said those were her dog's faces in the orbs. Something like that I can deem as paranormal.

We also do "quick and dirty" EVPs. I will say something simple into the digital recorder like "Is there anyone

here?" I will pause, allowing the entity to talk, and then play it back. We usually will pick up an EVP pretty quick if the home is haunted, and we show our evidence right on the spot to the occupants.

Deanna will pick up on an entity psychically, and when she does, it's up to the investigators to prove that something is there by either getting an EVP or some kind of photographic evidence. Deanna is really good at picking up on entities.

Q: What is the most important part of a paranormal investigation?

Paul: If the home has negative energy, the most important part of the investigation is the cleansing. If the

occupant has an attachment, then full-submersion baptism.

Q: What case will you remember the most and why?

Paul: Probably a case in Citrus Heights, California, where I heard with my own ears a little girl giggling. And when I placed my head toward the area where I could hear the girl giggling, I said, "hello," and with my own ears, I heard the little girl say, "Hello." My mind was blown. Also, I have been on over a thousand investigations and have seen with my own eyes four full-body apparitions.

Q: What is the most compelling evidence of the paranormal that you or your team has captured?

Paul: I took a picture of a ghostly cowboy with a cowboy hat on, and he was riding a ghostly horse. The photo was shown on the Biography Channel's *My Ghost Story*.

Q: Talk about common misconceptions about the paranormal field that you've encountered?

Paul: Some people think that all ghosts are demons. We have come across many ghosts that were very peaceful and have assisted the family that they were actually haunting — usually they are ghostly family members. If they were demons, they would not be so peaceful and loving.

Q: Whose work in the paranormal field do you respect the most and why?

Paul: I have a long list: J. Allen Hynek, Brad Steiger, Nick

Pope, Timothy Green Beckley, Tim Swartz, Nick Redfern, Josh Gates, Zak Bagans, and Erich von Däniken.

Q: What locations do you have on your wish list to investigate?

Paul: I still need to do a UFO investigation at Roswell and Dulce, New Mexico. I would also love to investigate for UFO bases at Antarctica and investigate the mysterious deaths of the hikers at Dyatlov Pass in Russia.

Q: What words of wisdom would you offer beginner paranormal investigators?

Paul: In the beginning, take easy steps into the unknown and gain the

experience. Then when you are a seasoned investigator, go after the larger steps.

HPI has worked with Zak Bagans and the

Ghost Adventures team on several episodes.

Q: What else should our readers know about you and your team?

Paul: We have conducted international investigations in places like Belize, Morocco, and other places, but we mostly cover Northern California. We have worked on many television documentaries, and you can see some of the documentaries we worked on by simply googling "Paul Dale Roberts IMDB."

To find out more about Paul and HPI, cryptic916.com, facebook.com/HaloParanormalInvestigations, www.facebook.com/groups/HPIinternational, and www.facebook.com/groups/1065482570190723. ◆